Kingdom Living in a Fallen World Fasting: The Discipline of the Body; the Nourishment of the Soul Matthew 6:16

What was the	e to Jes	sus'	of
	s fasting practices?		
God o	nly authorized one fast p	er year: the	of
	Leviticus 16:29		
	harisees fasted every	and	
	Luke 18:11–12		
True worship	must glorify	not	
Don't	be a when	you choose to fast.	
	Matthew 6:16		
	Pharisees put on a	appearan	ce and
	their face		
	Hypocrites always want	to	
	them.		
	They prove that they ar	e only interested in	
	Matthew 6:16	·	
	fasting must bring no	from yo	our
normal obser	vable		
	Matthew 6:17		
	your head: take ca	re of your	•
Wash	your face: don't neglect		·
Strive	to make nothing	different in y	our
	Matthew 6:18		
Biblical fastin	ng brings a	_ from	
God r	ewards those whose	are	•
	Matthew 6:4, 6, 18		
Fastin	g should not be done as a	a to rew	ards bu
for the	e of God who	rewards His faithf	ul ones.
	Matthew 16:27		
Not all fasting	g is a	which God re	ewards.

Fasti	ing prior to a	is not
	orded by God.	
Fasti	ing which flows from	is not
	arded by God.	15 1100
1000	Luke 18:12–14	
God	does not reward fasting which is for the	nurnose of
	the body of"wl	
meai	-	iatevei tiiat
illeai	Mark 7:18–19	
Facti		ic
	ing which is a vain attempt to merit	
1101 1	rewarded by Godit is only	activity.
T	Colossians 2:23; 1 Corinthians 8:8	4
rasti	ing when you ought to be is r	iot rewarded
by G	is the sinful counter	erpart to
	Eat to the glory of God.	
	1 Samuel 14:24, 29	
	is not the only thing Christians ca	
	There should be a fast from	_ and
	of others.	
	Isaiah 58:3-7	
	There are times to fast from	•
	1 Corinthians 7:5	
	It is honoring to the Lord to fast from	n anything that
	has become an in our	•
	Proverbs 25:28	
Jesus did no	ot or the prac	ctice of fasting.
	s did fast on occasion, for	
	Matthew 4	
Jesu	s only stated that when Christians fast t	hey must do so
_	·	•
	Matthew 6:18	
Jesu	s only condemned fasting done for the _	
	·	
	Matthew 6:16	
Like the Ph	arisees, many	seek to help
	some favor with God (or gods) by fasting	
	esians 2:8	
_	ered man's to win	ı God's favor
John	14:6; John 11:25–26; Titus 3:4–6	L SOW SIMPOIN
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