

Biblical Help for an Angry World

Anger: It Skews our View of Life

1 Samuel 20:30-34

Saul reveals the _____ of an _____ person.

Angry people have a _____.

1 Samuel 16:2

Angry people are _____.

1 Samuel 16:14

**Angry people are only _____ with those who
_____ them.**

1 Samuel 16:21–22

Angry people are _____ people.

1 Samuel 18:7-9

Saul's anger could not _____.

Angry people _____.

1 Samuel 16:21; 1 Samuel 18:11

Angry people are _____ by jealous _____.

1 Samuel 18:12, 15

**Angry people allow _____ to morph into
_____.**

1 Samuel 18:17, 20–21, 25, 28–29

**Angry people expect others to be _____ at the
same people they're angry at (_____ &
_____).**

1 Samuel 19:1

Angry people are _____ people.

1 Samuel 19:10–11

How does _____ our view of life?

It drives us to seek to become _____ in the lives of others through sinful _____.

1 Samuel 20:30-31

It causes us to _____ those who _____ us most.

1 Samuel 20:30

It causes us to _____ against _____.

1 Samuel 20:31; 15:28

It causes us to _____ we'd never otherwise do.

1 Samuel 20:33

It causes those from whom we want _____ and _____ to distance themselves from us.

1 Samuel 20:34

Jesus Christ came to _____ us from _____.

Romans 7:24–25; 2 Corinthians 5:17

Application: Now that you've _____ what you get angry at and the _____ behind your anger. Now it's time to take a look at how your anger _____ your view of life. So, write out what your anger has done to you and your relationships.