

Disciplines of the Christian Life

Psalm 62:1-2, 5-7 ESV

The Discipline of Silence and Solitude

Silence when you should be _____ is not a _____.

The Four Rules of Communication cannot be practiced in _____.

1. Be _____ (Ephesians 4:15, 25)
2. Keep _____ (Ephesians 4:26-27)
3. Attack the _____ not the _____ (Ephesians 4:29)
4. _____ don't _____ (Ephesians 4:31-32)

Focusing on _____ in silence and solitude increases my _____.

_____ set the example for silence and solitude.

Matthew 4:1

Wilderness = _____ or _____ places

Matthew 14:23

Mark 1:35

Silence and solitude can lead to _____.

_____ went into the wilderness already _____ of the Holy Spirit.

Luke 4:1

Jesus _____ from the wilderness _____ by the Holy Spirit.

Luke 4:14

Silence and solitude allows us to _____ on _____.

1. I can focus on _____.
 - a. My _____ of salvation.
Psalm 62:1
 - b. My gracious _____ of salvation.
Psalm 62:2
2. I can renew my _____ in the Lord.

Psalm 62:5

3. I find _____ in my quiet times with God.

Psalm 62:6

4. In my quiet times, I can go to God for _____.

Psalm 62:7

Silence and solitude provide a great opportunity to simply _____ God.

Habakkuk 2:20

Zephaniah 1:7

Silence and solitude provide a schoolyard for _____ the _____ to speak well.

Most of us use way too many _____.

Matthew 12:36-37

We must learn what is _____ with using many words.

- Too many words will lead to _____.
Proverbs 10:19
 - Too many words will _____ your life.
Proverbs 10:8
Proverbs 10:10
 - Too many words, is the picture of _____.
Ecclesiastes 5:3
 - Too many words, reveals _____ wisdom and crowds out _____ wisdom.
Ecclesiastes 5:7
Matthew 6:7
 - Too many words, usually ends in _____ speech.
1 Timothy 6:20-21
2 Timothy 2:16
- Silence and solitude teach that _____ is _____.
- Proverbs 17:27-28