

The Discipline of Fasting

Matthew 4:1-11; 9:14-17

Fasting is More than Painful

What's the _____ with fasting?

_____ has become a stumbling block to love for God.

Luke 8:14

Mark 4:18-19

_____ of any kind is unacceptable.

2 Timothy 3:1-5

Ecclesiastes 7:4

There is an _____ of biblical _____ on fasting.

Ezekiel 34:2

Ezekiel 34:10

_____ thought that fasting was important and taught on it.

Fasting is mentioned more times in the N.T. than _____.

Baptism – _____ times

Fasting – _____ times

_____ practiced fasting.

Matthew 4:1-2

Jesus taught that _____ should be _____.

Matthew 9:15

Matthew 6:16-17

What is the _____ of fasting?

First – What fasting is _____.

Fasting does not win _____.

Romans 9:14-16

Fasting is not a means of _____ God.

Isaiah 58:3-4

Fasting is not for the purpose of _____.

Isaiah 58:5

Fasting is not for _____ - _____.

Matthew 6:16

Fasting is a not and _____.

Colossians 2:21-23

Second – What fasting does for our _____.

Fasting allows us to feast on the _____ of _____.

John 6:51

Fasting _____ our _____ life.

Ezra 8:23

Nehemiah 1:4

Fasting reveals _____ upon God.

John 4:31-32

Fasting sharpens _____ on God's _____.

Acts 14:23

Fasting strengthens our _____ - _____.

1 Corinthians 9:27

Homework:

1. What has been my _____ toward fasting?

2. How has this _____ changed my attitude toward fasting?

3. In what ways do I currently _____ myself?
