

**Stop Making Excuses –
Get Rid of Those Spiritual Love Handles**

Ephesians 5:11-20

“I’m Too Busy – Time Management”

What is our _____ for time management?
_____ should live distinctly different lives.

Ephesians 5:8-10

- Living in the _____ is a Christian trait.
1 John 1:7
- Living in the light _____ the deeds of
_____.

Ephesians 5:11-13

Our careful, intentional use of _____, allows us to
_____ others.

1. We will show that we are _____ by
the Spirit.
Ephesians 5:18
2. We will have the time to _____ others.
Ephesians 5:19
3. We will become _____ people.
Ephesians 5:20

Step number one – live _____.
Ephesians 5:15

Careful living is a mark of _____.

Wisdom – literally means to live _____.

Colossians 4:5

Proverbs 1:1-3

Develop personal and family _____.

2 Corinthians 5:9

1 Timothy 1:5

How does your _____ goal line up with
_____ goal?

Deuteronomy 6:4-9

Ephesians 6:4

Step number two – _____ the time.
Ephesians 5:16

By _____, we can buy back time.

Proverbs 31:15

Proverbs 31:18

Buy back those times that are being _____ on
things that aren't _____.

Step number three – Get a good understanding of God's
_____.

Ephesians 5:17

Understand – to _____

Acts 20:27

Ephesians 6:6

Hebrews 10:36

1 Thessalonians 5:16-18

Begin to live according to _____ for your
lives.

What are your _____?

- Are you a _____ or woman?
- Are you _____?
- Are you an _____?
- Are you a _____ person?

What are your _____?

- Look at Romans ___ and 1 Corinthians ___
- You should be able to rattle your top
_____ spiritual gifts off quickly.

What are you _____ about?

- What is the burning _____ of your
soul?

Romans 9:3-4

- In what do you find _____ for
your soul?

Proverbs 13:4

Application:

- Review your Weekly Activity Log
- Complete the Time Assessment Worksheet (TAW)
- On the back of the TAW, answer the following questions:
 1. Which activities involve _____ time and why?
 2. Which activities did you give _____ time to and why?
 3. Which activities do you need to _____ from your day?
 4. Which activities do you need to _____ on to someone else?
 5. What did you not do that you should _____ to your day?